

October
- month dedicated to the
Most Holy Rosary

“THE HOLY ROSARY IS THE STOREHOUSE OF MANY BLESSINGS.” - BLESSED ALAN DE LA ROCHE

What's happening at Sacred Heart Parish?

October is here at Sacred Heart and if you haven't already done so, it is the perfect

time to start making the Rosary a part of your daily routine. For Catholics, this month is dedicated to the Most Holy Rosary, with the liturgical feast of Our Lady of the Rosary coming up on October 7. On this feast day, we honor the Blessed Virgin Mary in thanksgiving for the protection that she gives the Church in answering the prayers of those who call on her through the Rosary. Sister Lucia dos Santos, one

of the children to whom Our Lady appeared at Fatima, once said: “There is no problem, no matter how difficult it is, whether temporal or above all spiritual, in the personal life of each one of us, of our families...that cannot be solved by the Rosary.” There are 1,440 minutes in a day. Challenge yourself to take 15 of those minutes each day to recite the Rosary and see what happens.



TIPS TO PRAY THE ROSARY EVERY DAY

-  Fall asleep praying the Rosary. It is better than counting sheep.
-  Say it in moments of sadness or spiritual drought.
-  If you can't pray a whole Rosary at once, break it into parts.
-  Carry a Rosary in your pocket.
-  Say it while you wait (for example, at the bus stop).
-  Use each mystery to ask for a particular intention.
-  Recite the Rosary while doing chores or while you work out.
-  Use images and music. The Rosary is a contemplative prayer.
-  Pray while you walk and think of the people in your life.
-  If you're upset, pray for the situation that worries you.



“Good news, for a change”

I tend to read the news a lot. Maybe you do, too. What I see in national news is often distressing; it provokes sadness, anger, even despair. While it’s good to be vigilant, we also need to hear some good news every now and then. The Good News, which we call the Gospel, is that Jesus Christ has come to save us from sin, to forgive us, and to offer us eternal life with him in Heaven.

A Note from Father Joe

When we know the goodness and love of God in Jesus Christ, we may notice his goodness reflected in the world he created and not remain mired in pessimism. What a great and glorious world this is. The natural world can point us to God in so many ways. The beauty of a landscape, the setting sun, the smells of the plants and the sounds of animals show us that God has given order to the world. And his order is beautiful.

God created not just the natural world around us; he created you. You are part of his creation; he intentionally created you and holds you in existence at this very moment. And yet, he didn’t have to create you. God is perfect all on his own. He does not need any one of us, nor the animals, plants, sunsets, or land... but here you are.

What can this mean, but that we have a loving God? Love, as we understand it, is to do something beneficial for someone else for no personal gain. And what could God have to gain, if he is perfect? Nothing at all. Therefore, he must have created you out of love! Yes, you are loved. You are not here for God’s entertainment. You are not meaningless. And you are not meant to be alone. You are meant for communion. (Yes, even the introverts!)

Your very existence proves that God is love. Let that truth sink in the next time you’re alone with your thoughts, wondering if anyone cares. Let’s do away with “I think, therefore I am.” Let’s rather say, “I am, therefore God is love.” How’s that for some good news?

On a different subject altogether, I’d offer a word of THANKS to everyone who came out to the Parish Block Party and to all who have supported the capital campaign “Our Time, Our Community, Our Future.” Your contributions show your gratitude to God and your desire to see our parish thrive. May God reward you!

Yours in Christ Jesus – Fr. Joe

Sacred Heart Youth Corner



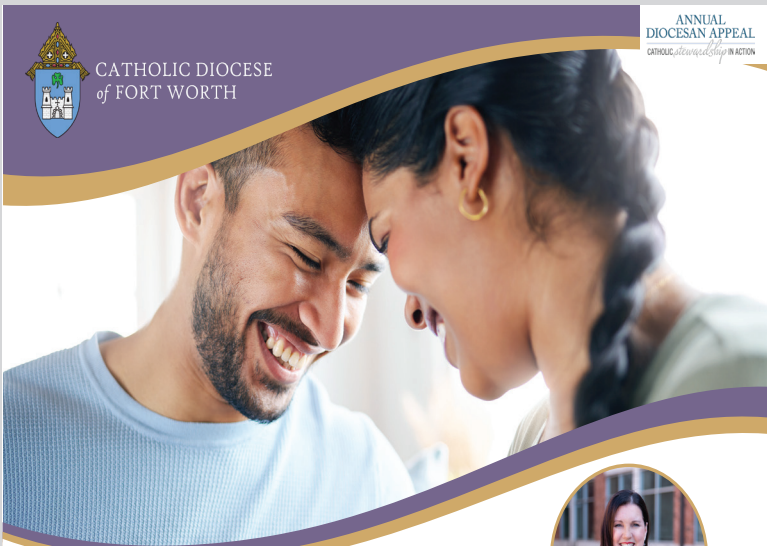
With a new school year in full swing, our Family Formation catechetical classes have officially begun. Families and students are continuing their educational journey of growing in the transforming love of God through our Catholic Faith. Bible Study for HS Youth Ministry is also back in action!

Around the Diocese....



CATHOLIC DIOCESE
of FORT WORTH

ANNUAL
DIOCESAN APPEAL
CATHOLIC *solidarity* IN ACTION



CANA COMMANDMENTS *Marriage Retreat*

A one-day retreat for couples to deepen their marital bond through the lens of the ten commandments. Register at www.fwdioc.org



Guest speaker
**DANA
NYGAARD**

Licensed Professional Counselor, speaker, wife, and mother. Her unique blend of cognitive Behavioral Therapy techniques, authentic Catholic spirituality, and a splash of humor provide her clients and audiences with practical solutions that have life-changing effects.

Cost per couple
\$30
Lunch Included

Immaculate Conception
2255 N. Bonnie Brae St.
Denton, TX 76207

OCTOBER
14

St. Andrew
3312 Dryden Rd
Fort Worth, TX 76109

OCTOBER
28

Sacred Heart
1504 10th Street
Wichita Falls, TX 76701

JANUARY
13



ANNUAL
DIOCESAN APPEAL
CATHOLIC *solidarity* IN ACTION



Love one another
as I have loved you.

"I give you a new commandment, says the Lord;
love one another as I have loved you."

~ John 13:34

bit.ly/DiocesanAppeal (case sensitive)



Congregation Announcements!

Congratulations and blessings to our Sacred Heart parishioners who recently received Holy Sacraments for the first time!

Baptism

Zoey Anne Barnhill
Parents: Zachary & Rose Barnhill

Kolton Thomas Peake
Parents: Jessica Porter

Lakely Cheyanne Porter
Parents: Wade & Carmen Porter

Preston Luke Walterscheid
Parents: Collin & Kaitlan Walterscheid

Mark Your Calendar! 

Sacred Heart Parish Thanksgiving Picnic



November 19, 2023



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Pastor - Rev. Joseph Keating
Deacon - Rev. Mr. Gary Endres

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Celebrate the Main Liturgical Feasts for the Month of October!

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| Oct 1. St. Thérèse of the Child Jesus | Oct 17. St. Ignatius of Antioch |
| Oct 2. Holy Guardian Angels | Oct 19. St. Isaac Jogues, St. John de Brébeuf
& Companions |
| Oct 5. Bl. Francis Xavier Seelos & St. Faustina Kowalska | Oct 20. St. Paul of the Cross |
| Oct 6. St. Bruno; Bl. Marie Rose Durocher | Oct 22. St. John Paul II |
| Oct 7. Our Lady of the Rosary | Oct 23. St. John of Capistrano |
| Oct 14. St. Callistus I | Oct 24. St. Anthony Mary Claret |
| Oct 15. St. Teresa of Jesus | Oct 28. Sts. Simon & Jude |
| Oct 16. St. Hedwig and Margaret Mary Alacoque | |